



Virtual Prayer Walk

Prayer walks are typically done on location. During these days when travel is restricted, we are still able to participate in prayer walks because of technology and relationships with members of the body of Christ all over the world.

Prayer works because God works! It is not our prayers or our physical presence that accomplishes anything. It is our loving and powerful God who is present with His people wherever we are and who hears and answers when we call on Him. Virtual prayer walks are a demonstration of our faith in what God can do.

Here are some suggestions for taking a virtual prayer walk together:

- Designate a “walker,” an individual who will take you on a walk through their neighborhood, their marketplace, their local religious site, etc.
- Choose a route together in advance.
- Be spiritually prepared. Spend time with the Lord in advance, asking Him to cleanse you, to speak to you, and to give you discernment and the power of the Holy Spirit as you pray.
- Before you “walk” together, pray for direction and protection. Pray with your eyes open, looking for Spirit-led prayer prompters.
- As you “walk” together, don’t rush. You may feel the need to stop and pray somewhere. Be alert to those promptings of the Spirit.
- Talk with God in a conversational manner. Be aware that the walker is seen and heard by those around him/her and may need to be discrete, depending on the location.
- Some ways to pray that are always appropriate are: using Scripture, blessing the people you pass, asking God for mercy and love to be manifest in that place, and praying that God will restrain evil and break through spiritual strongholds to bring the light of Jesus.
- It is okay to walk and pray silently at times, to listen to the Lord as you drink in the experience of new surroundings.
- Prayer walking, especially when done virtually, will feel awkward until you’ve done it a few times. Keep at it! If you’re having a hard time praying, say that. Ask your team to pray for your freedom to pray.
- Expect the Holy Spirit to lead your path and your prayers.
- Finish on time.
- Debrief your experience. Write down what you believe God has said or shown to you. This can be an instrumental tool for those living in the location as they seek to build relationships and share the love and message of Jesus.
- Pray as a team at the conclusion of the walk. Praise God for what He has shown you.